**BEDFORDSHIRE ASA**

**County Masters Short Course Records**

**As of 24th November 2014**

**WOMEN**

**18-24**

 50 Freestyle 0:28.63 27.10.12 South Beds Lucy Gregory Sheffield

100 Freestyle 1:03.47 09.09.12 South Beds Lucy Gregory Barnet Copthall

200 Freestyle 2:27.35 26.10.14 South Beds Kate Robinson Sheffield

400 Freestyle 4:48.27 25.10.14 Putteridge Victoria Pritchard Sheffield

800 Freestyle 9:38.76 26.10.14 Putteridge Victoria Pritchard Sheffield

1500 Freestyle 18:20.99 24.10.14 Putteridge Victoria Pritchard Sheffield

 50 Backstroke 0:32.36 27.10.12 South Beds Lucy Gregory Sheffield

100 Backstroke 1:10.86 26.10.14 South Beds Kaz Melvin Sheffield

200 Backstroke 2:28.98 26.10.12 South Beds Lucy Gregory Sheffield

 50 Breaststroke 0:35.26 18.11.12 Modernians Charlotte Ovenden Newmarket

100 Breaststroke 1:22.08 26.10.14 South Beds Emma Irvine Sheffield

200 Breaststroke 2:55.88 24.10.14 South Beds Emma Irvine Sheffield

 50 Butterfly 0:30.44 27.10.12 South Beds Lucy Gregory Sheffield

100 Butterfly 1:12.82 09.09.12 South Beds Lucy Gregory Barnet Copthall

100 Ind-Medley 1.13.80 13.04.14 South Beds Emma Irvine Gloucester

200 Ind. Medley 2:31.46 26.10.12 South Beds Lucy Gregory Sheffield

400 Ind. Medley 5:24.50 25.10.14 Putteridge Victoria Pritchard Sheffield

**25-29**

 50 Freestyle 0:29.56 30.10.11 South Beds Sarah Pearse Sheffield

100 Freestyle 1:04.91 24.10.14 South Beds Joanne Holder Sheffield

200 Freestyle 2:23.26 26.10.14 South Beds Joanne Holder Sheffield

400 Freestyle 4:50.15 24.10.09 Flitwick Dolphins Hayley Davis Sheffield

800 Freestyle 9:49.39 25.10.09 Flitwick Dolphins Hayley Davis Sheffield

1500 Freestyle 21:54.61 23.11.14 South Beds Laura Lewindon Barnet Copthall

 50 Backstroke 0:34.38 24.09.11 Team Luton Emma Powell Aldershot

100 Backstroke 1:10.44 24.10.09 Flitwick Dolphins Hayley Davis Sheffield

200 Backstroke 2:29.47 25.10.09 Flitwick Dolphins Hayley Davis Sheffield

 50 Breaststroke 0:34.74 29.10.10 South Beds Sarah Pearse Sheffield

100 Breaststroke 1:19.31 26.10.07 Biggleswade Susan Morris Sheffield

200 Breaststroke 2:55.15 27.10.07 Biggleswade Susan Morris Sheffield

 50 Butterfly 0:31.72 28.10.11 Team Luton Emily Brown Sheffield

100 Butterfly 1:09.28 29.10.11 Team Luton Emily Brown Sheffield

200 Butterfly 2:29.39 23.10.09 Flitwick Dolphins Hayley Davis Sheffield

100 Ind. Medley 1:09.53 23.10.09 Flitwick Dolphins Hayley Davis Sheffield

200 Ind. Medley 2:31.62 28.10.11 Team Luton Emily Brown Sheffield

400 Ind. Medley 5:20.07 25.10.09 Flitwick Dolphins Hayley Davis Sheffield

**30-34**

 50 Freestyle 0:27.33 25.10.14 South Beds Carla King Sheffield100 Freestyle 1:01.52 04.10.14 South Beds Carla King Newmarket

200 Freestyle 2:21.10 26.10.13 Team Luton Miriama Owens Sheffield

400 Freestyle 5:05.55 27.10.13 Team Luton Miriama Owens Sheffield

800 Freestyle 10:32.30 26.10.13 Team Luton Miriama Owens Sheffield

1500 Freestyle 21:39.79 27.11.10 South Beds Rachel Buckingham Barnet Copthall

 50 Backstroke 0:33.42 16.11.14 Putteridge Clare Grundy Newmarket

100 Backstroke 1:11.40 26.10.14 Putteridge Clare Grundy Sheffield

 50 Breaststroke 0:34.89 26.10.14 South Beds Sarah Pearse Sheffield

100 Breaststroke 1:20.36 25.10.14 South Beds Sarah Pearse Sheffield

 50 Butterfly 0:31.13 25.10.14 Putteridge Clare Grundy Sheffield

100 Butterfly 1:19.23 07.09.14 South Beds Samantha Hammond Barnet Copthall

100 Ind-Medley 1.12.09 24.10.14 Putteridge Clare Grundy Sheffield

200 Ind. Medley 2:47.24 04.10.14 South Beds Sarah Pearse Newmarket

**35-39**

 50 Freestyle 0:31.67 25.10.13 South Beds Cheryl Templeman Sheffield

100 Freestyle 1:11.50 01.04.12 South Beds Clare Warren Hucknall

200 Freestyle 2:41.57 17.03.13 South Beds Clare Warren Hucknall

 50 Backstroke 0:37.61 17.11.13 South Beds Cheryl Templeman Newmarket

100 Backstroke 1:23.56 25.10.13 South Beds Cheryl Templeman Sheffield

200 Backstroke 3:04.08 26.10.13 South Beds Cheryl Templeman Sheffield

 50 Breaststroke 0:42.14 16.11.14 South Beds Clare Warren Newmarket

100 Breaststroke 1:35.94 22.09.13 South Beds Rachel Buckingham Barnet Copthall

 50 Butterfly 0:35.44 17.11.13 South Beds Clare Warren Newmarket

100 Ind. Medley 1:21.55 01.04.12 South Beds Clare Warren Hucknall

200 Ind-Medley 3:06.99 01.03.14 South Beds Clare Warren Bracknell

**40-44**

 50 Freestyle 0:31.76 06.10.12 Biggleswade Nicola Horsford Newmarket

100 Freestyle 1:09.49 17.02.13 Biggleswade Louise Jarvis Sudbury

200 Freestyle 2:29.74 17.02.13 Biggleswade Louise Jarvis Sudbury

400 Freestyle 6:35.43 01.10.11 Biggleswade Sarah Jones Newmarket

 50 Backstroke 0:36.97 20.11.11 Biggleswade Louise Jarvis Newmarket

100 Backstroke 1:18.88 24.10.09 Biggleswade Louise Jarvis Sheffield

200 Backstroke 2:50.76 02.10.10 Biggleswade Louise Jarvis Newmarket

 50 Breaststroke 0:44.30 06.09.09 South Beds Lesley Bellis Barnet Copthall

100 Breaststroke 1:35.09 17.02.13 Biggleswade Nicola Horsford Sudbury

 50 Butterfly 0:36.06 21.11.10 Biggleswade Louise Jarvis Newmarket

100 Ind. Medley 1:20.89 06.10.12 Biggleswade Louise Jarvis Newmarket

200 Ind. Medley 2:54.78 24.10.09 Biggleswade Louise Jarvis Sheffield

**45-49**

 50 Freestyle 0:29.41 25.10.14 Flitwick Dolphins Liz Woolner Sheffield

 50 Freestyle 0:29.41 16.11.14 Flitwick Dolphins Liz Woolner Newmarket

100 Freestyle 1:05.40 16.02.14 Flitwick Dolphins Liz Woolner Sudbury

200 Freestyle 2:25.85 13.07.14 Flitwick Dolphins Liz Woolner Barnet Copthall

400 Freestyle 5:07.21 04.10.14 Flitwick Dolphins Liz Woolner Newmarket

1500 Freestyle 29:42.64 27.11.10 South Beds Jeanetta Lee Barnet Copthall

 50 Backstroke 0:34.51 16.11.14 Flitwick Dolphins Liz Woolner Newmarket

100 Backstroke 1:15.73 30.03.14 Flitwick Dolphins Liz Woolner Leamington

200 Backstroke 2:49.43 25.10.14 Flitwick Dolphins Liz Woolner Sheffield

 50 Breaststroke 0:42.08 04.10.14 Flitwick Dolphins Liz Woolner Newmarket

100 Breaststroke 1:31.86 13.07.14 Flitwick Dolphins Liz Woolner Barnet Copthall

 50 Butterfly 0:30.75 25.10.14 Flitwick Dolphins Liz Woolner Sheffield

100 Butterfly 1:08.81 25.10.14 Flitwick Dolphins Liz Woolner Sheffield

100 Ind-Medley 1:13.80 24.10.14 Flitwick Dolphins Liz Woolner Sheffield

200 Ind-Medley 2:44.71 13.07.14 Flitwick Dolphins Liz Woolner Barnet Copthall

**50-54**

50 Freestyle 0:37.60 14.04.13 South Beds Jacqueline Maycock Gloucester

100 Freestyle 1:28.16 17.03.13 South Beds Jacqueline Maycock Hucknall

200 Freestyle 3:06.25 17.03.13 South Beds Jacqueline Maycock Hucknall

400 Freestyle 6:27.00 14.04.13 South Beds Jacqueline Maycock Gloucester

800 Freestyle 13:40.02 25.11.12 South Beds Jacqueline Maycock Barnet Copthall

1500 Freestyle 25:42.05 25.11.12 South Beds Jacqueline Maycock Barnet Copthall

 50 Backstroke 0:43.56 18.11.12 South Beds Alison Sheehan Newmarket

100 Backstroke 1:37.65 17.03.13 South Beds Jacqueline Maycock Hucknall

200 Backstroke 3:29.10 29.03.14 South Beds Jacqueline Maycock Leamington

 50 Breaststroke 0:46.23 17.11.13 South Beds Jacqueline Maycock Newmarket

100 Breaststroke 1:41.93 22.09.13 South Beds Jacqueline Maycock Barnet

200 Breaststroke 3:34.98 25.10.13 South Beds Jacqueline Maycock Sheffield

 50 Butterfly 0:40.55 17.03.13 South Beds Jacqueline Maycock Hucknall

100 Ind. Medley 1:29.49 17.03.13 South Beds Jacqueline Maycock Hucknall

200 Ind Medley 3:29.94 29.03.14 South Beds Jacqueline Maycock Leamington

**55-59**

 50 Freestyle 0:34.86 28.11.09 South Beds Christine Ayers Maidenhead

100 Freestyle 1:16.69 07.03.09 South Beds Christine Ayers Bracknell

200 Freestyle 2:49.60 07.03.09 South Beds Christine Ayers Bracknell

400 Freestyle 5:52.08 03.10.09 South Beds Christine Ayers Newmarket

800 Freestyle 12:06.91 25.10.09 South Beds Christine Ayers Sheffield

1500 Freestyle 23:07.90 22.11.09 South Beds Christine Ayers Barnet Copthall

 50 Backstroke 0:42.63 01.03.14 South Beds Alison Sheehan Bracknell

100 Backstroke 1:34.21 04.09.11 South Beds Christine Ayers Barnet Copthall

200 Backstroke 3:23.34 06.10.12 South Beds Christine Ayers Newmarket

 50 Breaststroke 0:42.91 23.10.09 South Beds Christine Ayers Sheffield

100 Breaststroke 1:34.06 23.10.09 South Beds Christine Ayers Sheffield

200 Breaststroke 3:22.71 24.10.09 South Beds Christine Ayers Sheffield

 50 Butterfly 0:41.47 29.10.10 South Beds Christine Ayers Sheffield

100 Butterfly 1:34.56 01.04.12 South Beds Christine Ayers Hucknall

200 Butterfly 3:36.34 03.03.12 South Beds Christine Ayers Bracknell

100 Ind. Medley 1:27.11 23.10.09 South Beds Christine Ayers Sheffield

200 Ind. Medley 3:12.89 28.10.11 South Beds Christine Ayers Sheffield

400 Ind. Medley 6:52.61 30.10.10 South Beds Christine Ayers Sheffield

**60-64**

 50 Freestyle 0:35.91 17.03.13 South Beds Christine Ayers Hucknall

100 Freestyle 1:20.28 27.04.13 South Beds Christine Ayres Leamington

200 Freestyle 2:54.06 01.03.14 South Beds Christine Ayers Bracknell

400 Freestyle 5:57.64 05.10.13 South Beds Christine Ayers Newmarket

800 Freestyle 12:08.28 12.07.14 South Beds Christine Ayers Barnet Copthall

1500 Freestyle 23:16.16 23.11.14 South Beds Christine Ayers Barnet Copthall

 50 Backstroke 0:42.92 17.03.13 South Beds Christine Ayers Hucknall

100 Backstroke 1:32.06 01.10.11 Beaver Masters. Pat Reynolds Newmarket

200 Backstroke 3:13.95 05.10.13 Beaver Masters. Pat Reynolds Newmarket

 50 Breaststroke 0:44.62 26.10.14 South Beds Christine Ayers Sheffield

 100 Breaststroke 1:36.78 25.10.14 South Beds Christine Ayers Sheffield

200 Breaststroke 3:28.50 01.10.14 South Beds Christine Ayers Sheffield

 50 Butterfly 0:42.56 17.03.13 South Beds Christine Ayers Hucknall

100 Butterfly 1:36.02 22.09.13 South Beds Christine Ayers Barnet Copthall

200 Butterfly 3:46.15 02.03.13 South Beds Christine Ayers Bracknell

100 Ind. Medley 1:29.29 24.10.14 South Beds Christine Ayers Sheffield

200 Ind. Medley 3:13.74 26.10.14 South Beds Christine Ayers Sheffield

400 Ind. Medley 6:58.77 13.07.14 South Beds Christine Ayers Barnet Copthall

**65-69**

 50 Freestyle 0:42.63 04.11.13 South Beds Andrea Minor Newmarket

100 Freestyle 1:35.92 29.03.14 South Beds Andrea Minor Leamington

200 Freestyle 3:28.81 05.10.13 South Beds Andrea Minor Newmarket

400 Freestyle 7:13.59 25.10.14 South Beds Andrea Minor Sheffield

800 Freestyle 14:57.04 24.10.14 South Beds Andrea Minor Sheffield

1500 Freestyle 28:23.75 24.10.14 South Beds Andrea Minor Sheffield

 50 Backstroke 0:55.00 02.09.13 South Beds Andrea Minor Barnet Copthall

100 Backstroke 1:59.22 13.07.14 South Beds Andrea Minor Barnet Copthall

200 Backstroke 4:17.23 07.07.13 South Beds Andrea Minor Barnet

 50 Breaststroke 0:53.05 22.09.13 South Beds Andrea Minor Barnet Copthall

100 Breaststroke 1:55.34 27.04.13 South Beds Andrea Minor Leamington

200 Breaststroke 4:09.32 07.07.13 South Beds Andrea Minor Barnet

 50 Butterfly 0:49.31 03.10.09 South Beds Janet Masters Newmarket

100 Ind. Medley 1:49.96 03.10.09 South Beds Janet Masters Newmarket

**70-74**

 50 Freestyle 0:41.08 31.10.10 South Beds Janet Masters Sheffield

100 Freestyle 1:40.61 06.03.10 South Beds Janet Masters Bracknell

200 Freestyle 3:40.76 24.04.10 South Beds Janet Masters Leamington Spa

400 Freestyle 7:53.45 15.07.12 South Beds Janet Masters Barnet Copthall

800 Freestyle 16:41.98 26.10.14 South Beds Iris Bellis Sheffield

 1500 Freestyle 32.05.54 23.11.14 South Beds Iris Bellis Barnet Copthall

 50 Backstroke 0:46.96 05.09.10 South Beds Janet Masters Barnet Copthall

100 Backstroke 1:42.89 31.10.10 South Beds Janet Masters Sheffield

 50 Breaststroke 0:55.68 06.03.10 South Beds Janet Masters Bracknell

100 Breaststroke 2:18.33 17.03.13 South Beds Iris Bellis Hucknall

200 Breaststroke 5:01.79 01.03.14 South Beds Rita Egan Bracknell

50 Butterfly 0:48.11 31.10.10 South Beds Janet Masters Sheffield

100 Butterfly 1:51.13 29.10.10 South Beds Janet Masters Sheffield

100 Ind. Medley 1:45.38 31.10.10 South Beds Janet Masters Sheffield

200 Ind. Medley 3:55.02 24.04.10 South Beds Janet Masters Leamington Spa

**MEN**

**18-24**

 50 Freestyle 0:24.55 25.10.14 Putteridge Jordan Batson Sheffield

100 Freestyle 0:54.38 27.10.12 Team Luton Lawrence Palmer Sheffield

200 Freestyle 1:58.36 27.10.06 Flitwick Dolphins Aled Jones Sheffield

400 Freestyle 4:11.20 28.10.06 Flitwick Dolphins Aled Jones Sheffield

800 Freestyle 9:31.29 23.11.14 Putteridge Lewis King Barnet Copthall

 1500 Freestyle 18.06.54 23.11.14 Putteridge Lewis King Barnet Copthall

 50 Backstroke 0:28.76 29.10.06 Modernians David Wheeler Sheffield

100 Backstroke 1:00.96 29.10.06 Modernians David Wheeler Sheffield

200 Backstroke 2:13.92 28.10.06 Modernians David Wheeler Sheffield

 50 Breaststroke 0:27.87 26.10.13 Team Luton Lawrence Palmer Sheffield

 50 Breaststroke 0:27.87 26.10.14 Putteridge Lawrence Palmer Sheffield

100 Breaststroke 1:01.39 25.10.14 Putteridge Lawrence Palmer Sheffield

200 Breaststroke 2:16.13 24.10.14 Putteridge Lawrence Palmer Sheffield

 50 Butterfly 0:26.11 26.10.13 Team Luton Lawrence Palmer Sheffield

100 Butterfly 0:59.81 26.10.12 Team Luton Lawrence Palmer Sheffield

200 Butterfly 2:18.14 28.10.06 Modernians David Wheeler Sheffield

100 Ind. Medley 0:59.57 25.10.13 Team Luton Lawrence Palmer Sheffield

200 Ind. Medley 2:10.62 26.10.14 Putteridge Lawrence Palmer Sheffield

400 Ind. Medley 5.08.81 30.03.14 Team Luton Lewis King Leamington

**25-29**

 50 Freestyle 0:25.90 20.11.11 South Beds Ross Payne Newmarket

100 Freestyle 0:57.24 04.10.14 South Beds Richard Lewindon Newmarket

200 Freestyle 2:07.66 19.07.09 Modernians Ian Davies Barnet Copthall

400 Freestyle 5:27.58 05.10.13 South Beds Peter Leadbetter Newmarket

800 Freestyle 11:26.50 14.07.12 South Beds Daniel Hayes Barnet Copthall

 50 Backstroke 0:30.16 05.10.13 Biggleswade Doug Kerr Newmarket

100 Backstroke 1:09.31 04.10.14 Biggleswade Doug Kerr Newmarket

 50 Breaststroke 0:33.07 20.11.11 Team Luton Nicholas Cattle Newmarket

100 Breaststroke 1:11.47 05.03.11 Team Luton Nicholas Cattle Bracknell

 50 Butterfly 0:28.77 25.10.14 South Beds Richard Lewindon Sheffield

100 Butterfly 1:05.53 13.07.14 South Beds Richard Lewindon Barnet Copthall

100 Ind. Medley 1:04.57 05.03.11 Team Luton Nicholas Cattle Bracknell

200 Ind. Medley 2:26.71 26.10.14 South Beds Richard Lewindon Sheffield

**30-34**

 50 Freestyle 0:26.00 31.10.10 Biggleswade Ian Davies Sheffield

100 Freestyle 1:00.76 15.12.13 South Beds Chris Lewindon Sheffield 200 Freestyle 2:14.19 26.10.14 South Beds Chris Lewindon Sheffield

400 Freestyle 4:59.78 13.07.14 South Beds Chris Lewindon Barnet Copthall

800 Freestyle 10:58.71 26.10.14 Putteridge Graeme Crowston Sheffield

 50 Backstroke 0:32.72 25.10.14 South Beds Chris Lewindon Sheffield

100 Backstroke 1:11.03 30.03.14 South Beds Chris Lewindon Leamington

200 Backstroke 2:35.62 01.03.14 South Beds Chris Lewindon Bracknell

 50 Breaststroke 0:35.72 17.11.13 South Beds Chris Lewindon Newmarket

100 Breaststroke 1.19.45 13.07.14 South Beds Chris Lewindon Barnet Copthall

200 Breaststroke 2:52.21 28.04.13 South Beds Chris Lewindon Leamington

 50 Butterfly 0:28.41 27.10.06 Modernians John Tomlin Sheffield

100 Butterfly 1:02.05 29.10.06 Modernians John Tomlin Sheffield

200 Butterfly 2:15.77 28.10.06 Modernians John Tomlin Sheffield

100 Ind. Medley 1:05.42 28.10.06 Modernians John Tomlin Sheffield

200 Ind. Medley 2:23.75 29.10.06 Modernians John Tomlin Sheffield

400 Ind Medley 5:30.26 30.03.14 South Beds Chris Lewindon Leamington

**35-39**

 50 Freestyle 0:27.72 06.09.09 South Beds Howard Gell Barnet Copthall

100 Freestyle 1:01.03 23.04.10 South Beds Howard Gell Leamington Spa

200 Freestyle 2:16.87 24.04.09 South Beds Howard Gell Leamington Spa

400 Freestyle 5:03.02 19.07.09 South Beds Howard Gell Barnet Copthall

800 Freestyle 11:42.09 26.10.08 Luton SC John O'Rourke Sheffield

1500 Freestyle 20:29.28 22.11.09 South Beds Howard Gell Barnet Copthall

 50 Backstroke 0:31.29 23.04.10 South Beds Howard Gell Leamington Spa

100 Backstroke 1:10.03 02.10.10 South Beds Howard Gell Newmarket

200 Backstroke 2:38.56 18.07.09 South Beds Howard Gell Barnet Copthall

 50 Breaststroke 0.33.02 16.02.14 Biggleswade Nick Titchener Sudbury

100 Breaststroke 1.12.05 16.02.14 Biggleswade Nick Titchener Sudbury

 50 Butterfly 0:31.04 24.04.09 South Beds Howard Gell Leamington Spa

100 Butterfly 1:03.22 25.10.08 Modernians John Tomlin Sheffield

200 Butterfly 2:22.36 25.10.08 Modernians John Tomlin Sheffield

100 Ind. Medley 1:11.23 27.06.10 South Beds Howard Gell Bury St Edmunds

**40-44**

 50 Freestyle 0:24.86 24.10.08 Modernians Marcel Scholten Sheffield

100 Freestyle 0:55.14 25.10.08 Modernians Marcel Scholten Sheffield

200 Freestyle 2:08.57 08.07.06 Modernians Marcel Scholten Barnet Copthall

400 Freestyle 4:49.36 27.10.07 Luton SC Andrew Byrne Sheffield

800 Freestyle 11:02.35 31.10.10 Team Luton John O'Rourke Sheffield

1500 Freestyle 21:53.33 22.11.09 Luton SC John O'Rourke Barnet Copthall

 50 Backstroke 0:31.06 29.10.06 Luton SC Andrew Byrne Sheffield

100 Backstroke 1:09.24 29.10.06 Luton SC Andrew Byrne Sheffield

200 Backstroke 2:32.20 28.10.06 Luton SC Andrew Byrne Sheffield

 50 Breaststroke 0:31.24 25.10.08 Modernians Marcel Scholten Sheffield

100 Breaststroke 1:09.23 25.10.08 Modernians Marcel Scholten Sheffield

200 Breaststroke 2:34.63 24.10.08 Modernians Marcel Scholten Sheffield

 50 Butterfly 0:29.87 17.05.08 Modernians Marcel Scholten Norwich

100 Butterfly 1:11.50 13.07.14 Putteridge Mark Wareham Barnet Copthall

100 Ind. Medley 1:04.47 23.04.06 Modernians Marcel Scholten Gloucester

200 Ind. Medley 2:43.37 26.10.13 Team Luton Mark Wareham Sheffield

**45-49**

 50 Freestyle 0:25.20 25.10.13 Modernians Marcel Scholten Sheffield

100 Freestyle 0:55.52 09.12.12 Modernians Marcel Scholten Sheffield

200 Freestyle 2:10.41 27.10.06 Luton SC Ian Stoughton Sheffield

400 Freestyle 4:41.28 28.10.06 Luton SC Ian Stoughton Sheffield

800 Freestyle 10:05.94 29.10.06 Luton SC Ian Stoughton Sheffield

1500 Freestyle 19:44.86 21.11.09 Luton SC David Wright Barnet Copthall

 50 Backstroke 0:31.52 23.04.06 Modernians Dave Cartledge Gloucester

100 Backstroke 1:07.38 03.12.06 Modernians Dave Cartledge Milton Keynes

200 Backstroke 2:42.43 19.07.08 Luton SC Andrew Byrne Barnet Copthall

 50 Breaststroke 0:31.51 26.10.12 Modernians Marcel Scholten Sheffield

100 Breaststroke 1:09.92 09.12.12 Modernians Marcel Scholten Sheffield

200 Breaststroke 2:35.38 27.10.12 Modernians Marcel Scholten Sheffield

 50 Butterfly 0:29.51 20.11.11 Modernians Marcel Scholten Newmarket

100 Butterfly 1:07.80 29.10.06 Luton SC Ian Stoughton Sheffield

200 Butterfly 2:40.34 23.10.09 Luton SC David Wright Sheffield

100 Ind. Medley 1:05.24 23.04.06 Modernians Dave Cartledge Gloucester

200 Ind. Medley 2:22.47 03.12.06 Modernians Dave Cartledge Milton Keynes

400 Ind. Medley 6:03.38 30.10.10 Team Luton David Wright Sheffield

**50-54**

 50 Freestyle 0:27.45 19.05.12 Modernians Dave Cartledge Norwich

100 Freestyle 1:03.27 27.04.07 Luton SC Graham Powell Leamington Spa

200 Freestyle 2:19.90 26.10.08 Luton SC Ian Murray Sheffield

400 Freestyle 5:00.23 24.04.09 Luton SC Ian Murray Leamington Spa

800 Freestyle 10:25.84 29.10.11 Team Luton David Wright Sheffield

1500 Freestyle 19:54.27 26.10.12 Team Luton David Wright Sheffield

 50 Backstroke 0:30.89 29.10.06 Luton SC Graham Powell Sheffield

100 Backstroke 1:07.85 29.10.06 Luton SC Graham Powell Sheffield

200 Backstroke 2:31.31 28.10.06 Luton SC Graham Powell Sheffield

 50 Breaststroke 0:34.23 09.12.12 Modernians Dave Cartledge Sheffield

100 Breaststroke 1:14.54 09.12.12 Modernians Dave Cartledge Sheffield

200 Breaststroke 2:55.43 28.10.06 Luton SC Malcolm Barton Sheffield

 50 Butterfly 0:29.91 27.10.06 Luton SC Graham Powell Sheffield

100 Butterfly 1:05.71 27.10.07 Luton SC Graham Powell Sheffield

200 Butterfly 2:30.92 08.10.06 Luton SC Graham Powell Sheffield

100 Ind. Medley 1:08.47 09.12.12 Modernians Dave Cartledge Sheffield

200 Ind. Medley 2:33.09 27.04.13 Modernians Dave Cartledge Leamington

400 Ind-Medley 5:59.40 25.10.14 Team Luton Alastair Gibb Sheffield

**55-59**

 50 Freestyle 0:29.29 25.10.13 Team Luton Graham Powell Sheffield

100 Freestyle 1:05.52 24.10.14 Team Luton Graham Powell Sheffield

200 Freestyle 2:26.94 29.03.14 Team Luton Graham Powell Leamington

400 Freestyle 5:14.63 05.10.13 Flitwick Dolphins Ian Murray Newmarket

800 Freestyle 10:35.19 28.10.12 Flitwick Dolphins Ian Murray Sheffield

1500 Freestyle 20:09.96 26.10.12 Flitwick Dolphins Ian Murray Sheffield

 50 Backstroke 0:31.36 27.10.13 Team Luton Graham Powell Sheffield

100 Backstroke 1:09.04 28.10.11 Team Luton Graham Powell Sheffield

200 Backstroke 2:37.35 30.10.11 Team Luton Graham Powell Sheffield

 50 Breaststroke 0:36.69 26.10.14 Team Luton Colin Mayes Sheffield

100 Breaststroke 1:22.37 28.10.11 Team Luton Colin Mayes Sheffield

200 Breaststroke 3:02.18 29.10.11 Team Luton Malcolm Barton Sheffield

 50 Butterfly 0:30.94 28.10.11 Team Luton Graham Powell Sheffield

100 Butterfly 1:08.36 29.10.11 Team Luton Graham Powell Sheffield

200 Butterfly 2:41.63 30.10.11 Team Luton Graham Powell Sheffield

100 Ind. medley 1:13.70 25.10.13 Team Luton Graham Powell Sheffield

200 Ind. Medley 2:46.23 26.10.14 Team Luton Graham Powell Sheffield

400 Ind. Medley 6:47.34 28.04.13 South Beds Christopher Marshall Leamington

**60-64**

 50 Freestyle 0.31.49 13.04.14 South Beds Peter Iles Gloucester

100 Freestyle 1:08.84 27.04.13 South Beds Peter Iles Leamington

200 Freestyle 2:37.19 27.04.13 South Beds Peter Iles Leamington

400 Freestyle 5:38.53 26.04.13 South Beds Peter Iles Leamington

800 Freestyle 12:24.74 26.10.14 South Beds Peter Iles Sheffield

1500 Freestyle 22.53.22 23.11.14 South Beds Peter Iles Barnet Copthall

 50 Backstroke 0:42.56 29.03.14 South Beds Peter Iles Leamington

100 Backstroke 1:48.90 03.12.06 Luton SC Paul Clarke Milton Keynes

 50 Breaststroke 0:38.73 26.10.14 Putteridge Paul Brignell Sheffield

100 Breaststroke 1:39.18 18.06.06 Linslade Cru Chris Jessup Aylesbury

200 Breaststroke 3:36.13 31.10.10 South Beds Chris Jessup Sheffield

 50 Butterfly 0:34.78 27.04.13 South Beds Peter Iles Leamington

100 Butterfly 1:22.17 27.04.13 South Beds Peter Iles Leamington

200 Butterfly 3:53.03 28.10.06 Linslade Cru Chris Jessup Sheffield

100 Ind-Medley 1.31.02 13.04.14 South Beds Peter Iles Gloucester

200 Ind. Medley 3:45.75 08.07.06 Luton SC Paul Clarke Barnet Copthall

400 Ind. Medley 7:56.31 08.07.06 Luton SC Paul Clarke Barnet Copthall

**65-69**

 50 Freestyle 0:31.62 24.03.06 Beaver Masters Alan Jackson Guernsey

100 Freestyle 1:11.61 24.03.06 Beaver Masters Alan Jackson Guernsey

200 Freestyle 2:43.14 24.03.06 Beaver Masters Alan Jackson Guernsey

400 Freestyle 7:21.50 19.07.08 Luton SC Paul Clarke Barnet Copthall

800 Freestyle 15:12.34 21.07.07 Luton SC Paul Clarke Barnet Copthall

1500 Freestyle 30:18.69 22.11.09 Luton SC Paul Clarke Barnet Copthall

 50 Backstroke 0:38.10 24.03.06 Beaver Masters. Alan Jackson Guernsey

100 Backstroke 1:21.73 28.10.07 Beaver Masters. Alan Jackson Sheffield

200 Backstroke 3:00.30 28.10.07 Beaver Masters. Alan Jackson Sheffield

 50 Breaststroke 0:44.78 17.05.08 Beaver Masters. Alan Jackson Norwich

100 Breaststroke 1:36.81 18.06.06 Beaver Masters. Alan Jackson Aylesbury

200 Breaststroke 3:40.76 14.03.08 Beaver Masters. Alan Jackson Guernsey

 50 Butterfly 0:36.08 05.10.08 Beaver Masters. Alan Jackson Bury St Edmunds

100 Butterfly 1:39.60 18.06.06 Beaver Masters. Alan Jackson Aylesbury

200 Butterfly 4:01.87 28.04.13 South Beds Chris Jessup Leamington

100 Ind. Medley 1:22.04 24.03.06 Beaver Masters. Alan Jackson Guernsey

200 Ind. Medley 3:05.06 24.03.06 Beaver Masters Alan Jackson Guernsey

400 Ind. Medley 7:59.53 21.07.07 Luton SC Paul Clarke Barnet Copthall

**70-74**

 50 Freestyle 0:31.94 16.05.09 Beaver Masters. Alan Jackson Norwich

100 Freestyle 1:12.43 03.10.09 Beaver Masters. Alan Jackson Newmarket

200 Freestyle 2:48.55 03.04.09 Beaver Masters. Alan Jackson Guernsey

400 Freestyle 7:37.04 07.07.13 Team Luton Paul Clarke Barnet Copthall

800 Freestyle 16:06.90 06.07.13 Team Luton Paul Clarke Barnet Copthall

1500 Freestyle 32:22.05 24.11.13 Team Luton Paul Clarke Barnet Copthall

 50 Backstroke 0:38.71 16.05.09 Beaver Masters. Alan Jackson Norwich

100 Backstroke 1:24.70 03.04.09 Beaver Masters. Alan Jackson Guernsey

200 Backstroke 3:05.74 03.04.09 Beaver Masters. Alan Jackson Guernsey

 50 Breaststroke 0:44.04 03.10.09 Beaver Masters. Alan Jackson Newmarket

100 Breaststroke 1:40.06 03.10.09 Beaver Masters. Alan Jackson Newmarket

200 Breaststroke 4:02.56 28.04.13 Team Luton Paul Clarke Leamington

 50 Butterfly 0:36.94 14.02.09 Beaver Masters. Alan Jackson Sudbury

100 Butterfly 1:54.83 07.07.13 Team Luton Paul Clarke Barnet Copthall

200 Butterfly 4:45.28 15.07.12 Team Luton Paul Clarke Barnet Copthall

100 Ind. Medley 1:21.74 04.02.09 Beaver Masters. Alan Jackson Sudbury

200 Ind. Medley 3:13.56 03.04.09 Beaver Masters. Alan Jackson Guernsey

400 Ind. Medley 8:28.76 28.04.13 Team Luton Paul Clarke Leamington

**75-79**

 50 Freestyle 0:39.50 29.04.07 Bedford Masters. Basil Gell Aylesbury

100 Freestyle 1:32.26 29.04.07 Bedford Masters. Basil Gell Aylesbury

200 Freestyle 3:36.75 03.12.06 Bedford Masters. Basil Gell Milton Keynes

400 Freestyle 8:37.64 03.10.09 Bedford Masters. Basil Gell Newmarket

800 Freestyle 16:56.15 08.07.06 Luton SC William Mackay Barnet Copthall

 50 Backstroke 0:48.60 05.05.06 Bedford Masters. Basil Gell Leamington Spa

100 Backstroke 1:49.87 03.12.06 Bedford Masters. Basil Gell Milton Keynes

200 Backstroke 4:05.11 05.10.08 Bedford Masters. Basil Gell Bury St Edmunds

 50 Breaststroke 0:50.87 03.12.06 Bedford Masters. Basil Gell Milton Keynes

100 Breaststroke 1:52.78 29.04.07 Bedford Masters. Basil Gell Aylesbury

200 Breaststroke 4:06.92 05.05.06 Bedford Masters. Basil Gell Leamington Spa

 50 Butterfly 0:55.20 29.04.07 Bedford Masters. Basil Gell Aylesbury

100 Butterfly 2:22.48 29.04.07 Bedford Masters. Basil Gell Aylesbury

200 Butterfly 5:27.00 05.05.06 Bedford Masters. Basil Gell Leamington Spa

100 Ind. Medley 1:49.48 29.04.07 Bedford Masters. Basil Gell Aylesbury

200 Ind. Medley 4:01.54 03.12.06 Bedford Masters. Basil Gell Milton Keynes

400 Ind. Medley 8:46.50 21.07.07 Bedford Masters. Basil Gell Barnet Copthall